

# Farmstand Business Curriculum

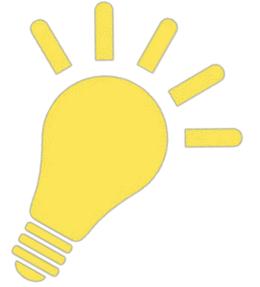
→ Lesson 5: Food Sovereignty and Agroecology

**GROW**<sup>NYC</sup>

# Warm-up



# Discussion Questions:



- What do you think Naima meant by “these gardens are blueprints”?
- How would you describe, in your own words, Naima’s vision for our food system?



# Lesson Outline

- What is food sovereignty?
- What is agroecology?
- What have global food movements contributed to agriculture?
- What visions do we have for food sovereignty in our community?



# What is food sovereignty?

- Food system that is culturally responsive
- Operated in and by the community that is consuming the food

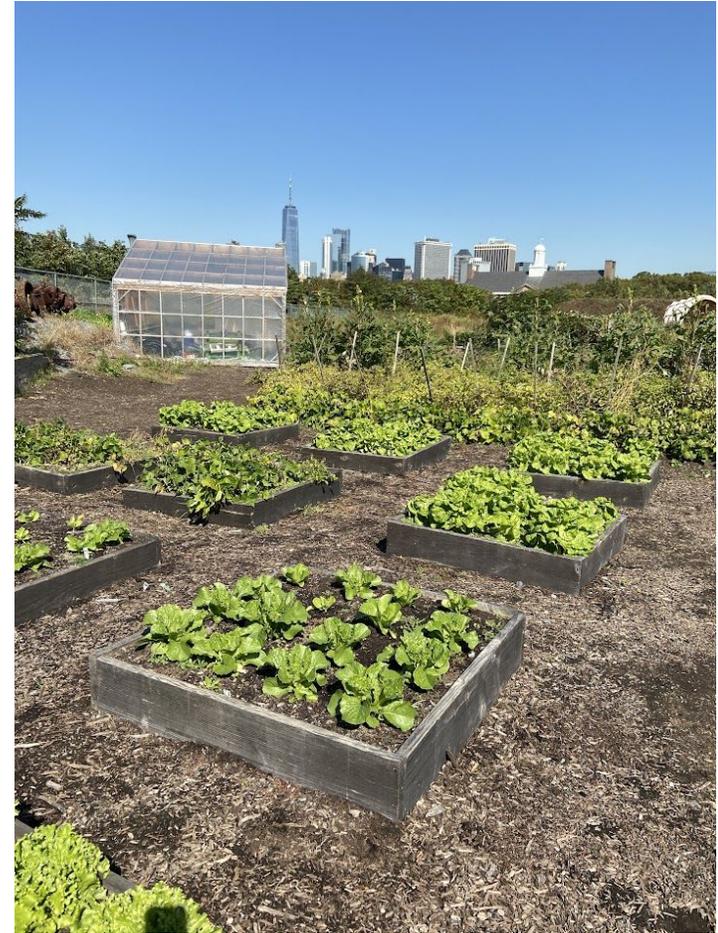


# What is agroecology?



# What is agroecology?

- Centers the regeneration of the land
- Provides food, medicine, community needs
- Simultaneously focuses on biodiversity and cultural diversity
- Is a holistic land-based approach to farming practices, is the opposite of industrial agriculture



# Activity One: What is Food Sovereignty and Agroecology?



# Share Out:

## Group 1 - The Food Sovereignty Movement



# Share Out:

## Group 2 - Indigenous Food Forests and Forest Gardens



# Share Out:

## Group 3 - Peasant Farming and the Peasant Food Web



# Share Out: Group 4 - Community Centered Farms



# Activity Two: Our Vision of Food Sovereignty



## Reflection Questions:

How will your farm business address food sovereignty in addition to food access? What does that look like for your school community?



# Questions?

