

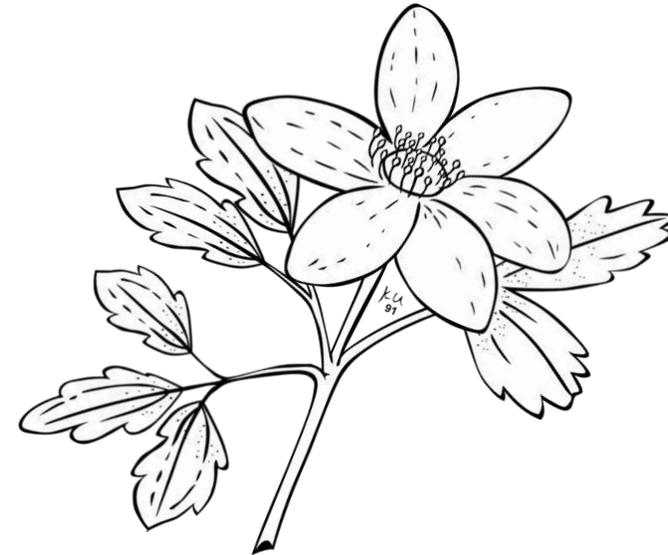
# Farmstand Business Curriculum

→ Lesson 2: Food Access

**GROW**<sup>NYC</sup>

# Community Agreements

- This is a **liberated space** - open for folks to share their thoughts, concerns and opinions
- This is an open forum to speak, we will agree to **reflective silence**, which creates time for people to speak
- There will be time for both **check in's and questions** throughout the class
- **One Mic**, respect when someone is talking
- Listen to **receive, not respond** or retaliate
- Come with good intentions, but be aware of our **impact**
- Be willing to learn **something new**
- Everyday is a chance to **change your mind**



# Lesson Outline

- What is food access?
- What is food security?
- What are food access points?



# What is food access and security?

Ask yourself...

- Can you get to the food?
- Can you afford the food you want to buy?
- Is it food you want to eat?
- Can you prepare it?



# What is food access and security?

“Food security is when **all** people at **all** times have physical, social, and economic access to sufficient, safe, and nutritious food to meet their dietary needs and food preferences for an active and healthy life”

- US Dept of Agriculture

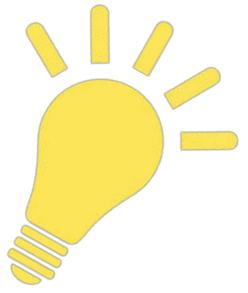


# What are food access points?





# Activity One: Understanding Food Perspectives



# Let's Reflect...



# Activity Two: Feeding the Gap



# Reflection Questions:

- Are there other stages of the food system that need reforming to assist with your food access point idea? If yes, what stage(s) and how might you reform them?
- Come up with a collective goal or statement of purpose on how your farm business will address food access in your school community. This can mirror the NYC food policy's goal-setting and can be as simple as a list or a couple of sentences

# Questions?

